

Your Guide To

# Non-Invasive Butt Lift Options

JUVA<sup>®</sup>



# Emsculpt and Sculptra



If you want a fuller, rounder, more attractive posterior, there are a variety of options available to you.

Eating right and working out can help, but the results take time, and all too often, the desired look never appears.

If you are looking for an alternative to a surgical butt lift procedure, there are great options to help you get a shapely backside without scalpels, sutures, or downtime: Emsculpt and Sculptra.

# What Is Emsculpt?

Emsculpt is a non-invasive treatment that uses electromagnetic energy to build muscle and burn fat.

Emsculpt can provide the attractive contours, tone, and lift you desire without adding excess fat to your backside.



# What to Expect During Emsculpt Treatment

- You'll relax as two panels apply electromagnetic energy
- Treatment feels comparable to an intense workout
- Recommended treatment comprises four 30-minute sessions
- Most patients see a 16-19% increase in muscle after six months



# Emsculpt Recovery

There is no downtime or recovery period for Emsculpt treatment.

You won't experience any redness, bruising, or numbing sensation.

You can resume your normal activities right away!



# What Is Sculptra?

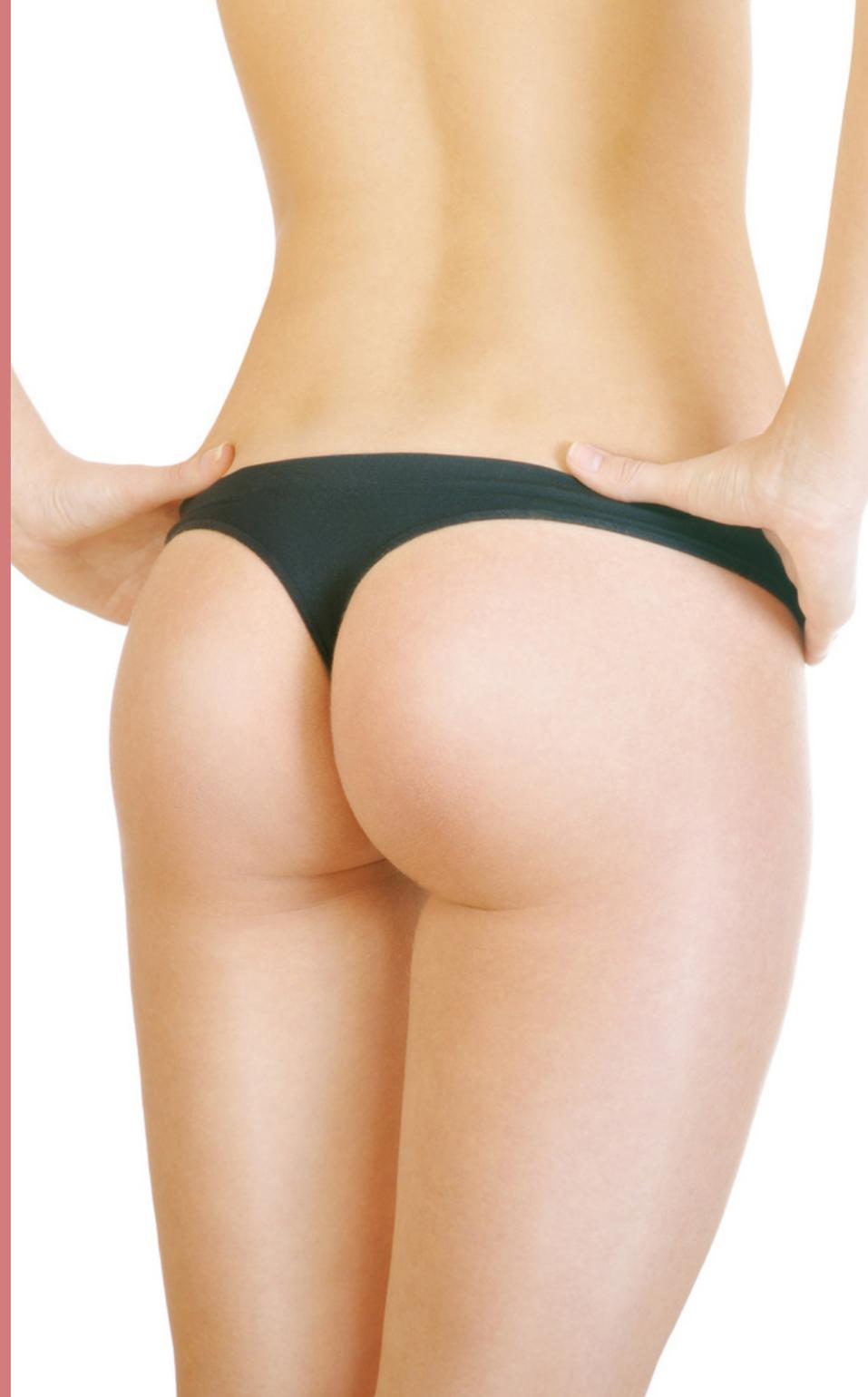
Sculptra is an injectable treatment that functions as a volumizer.

It is not a filler – instead, it causes your body to produce its own natural filler, adding plumpness and contours to targeted areas, such as your rear.



# What to Expect During Sculptra Treatment

- Injection sites will be marked on your skin and the area will be cleansed
- A topical anesthetic may be applied to ease discomfort
- Sculptra will be injected into your skin using multiple small injections
- Several treatments may be necessary for optimal results that can last up to two years





# Sculptra Recovery

- Most people can return to their normal activities immediately after treatment
- You may experience mild swelling and bruising that will subside within a few days
- After treatment, massage the area for 5 minutes at a time, 5 times a day, for 5 days
- Avoid tanning beds and excessive sunlight until redness and swelling subsides

# Why Choose Juva?

- Outstanding team of accomplished and innovative doctors
- Advanced, state-of-the-art technology
- Warm, caring environment
- Reputation for delivering world-class results



# Schedule a Consultation



## Manhattan Office

60 East 56th st., Suite 2  
New York, NY 10022  
(212) 688-5882

## Woodside Office

4514 48th St.  
Woodside, NY 11377  
(718) 729-8512

[www.juvaskin.com](http://www.juvaskin.com)